

*Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen. Matthew 28:19-20*

This has been the year of the GREAT COMMISSION in Honduras thanks to all of you for your support and prayers. Ministerio Sal y Luz was established to be “salt and light to the world”. Many things have been accomplished this year but there is still much more to do. We have included articles in the newsletter about a small portion of what has been accomplished and our plans for the remainder of the year to share the love of Christ with others. I have to give special thanks to the staff at Ministerio Sal y Luz for all the hard work and dedication that they put into their work every day.

As most of you know, my wife, Hemi and I are the proud parents of two young daughters. Hemi



Fernanda will be two on November 5 and Ema Zoe will be one on December 5. We live in Pena Blanca, where Hemi is attending the university and is studying accounting. I have finished my degree in Business Administration and I will receive my diploma in November of this year. In addition to being a wonderful wife and mother, Hemi and her sister, Loida, have started a Ladies Ministry in our area for women. We have included an article about their activities in the newsletter.

Please continue to pray for our ministry and God’s guidance in all that we attempt to do for His Glory.

I cannot express enough the gratitude that I feel for all the support and prayers that you so generously give to our ministry and to the people of Honduras.

Thank you,  
Henry Alvarenga, Director  
Ministerio Sal y Luz

## New Ministry

**LADIES MINISTRY** - In February, Martha Blount and Julie Blake taught a Bible study on “One Anothering” based on verses from the scriptures that contained the words “one another”. Henry’s wife, Hemi and her sister, Loida, were two of the ladies that attended the Bible study. After the



team left, Hemi and Loida gathered a group of ladies in the area together that needed “one anothering” and continued the Bible study with them. Now each of those 15 ladies is conducting the



same Bible Study for other ladies in different villages. The original group has grown to 5 villages with over 200 ladies. The ladies have now started their own business. They are renting a building and making uniforms for the students to buy next year. Some of the ladies are making purses out of recycled goods, such as chip bags, pop tops from soda cans, seat belts and duct tape. A group of ladies is learning to knit and crochet items to sell. Through this simple Bible Study, God has blessed their ministry and has touched the lives of many women that had very little hope for a better future. We expect the ministry to grow to other villages in our area as God continues to bless our work here in Honduras.



**MINISTRY TO FAMILIES** - One of the main concerns at Ministerio Sal y Luz has been how to change the families and give them hope for a better future. We feel that the focus for each family should be a Godly home with a father to provide for his family. Many of the families in our area are apathetic, especially the men, they have very little work and they become complacent about their lives and their families. Because of this, our ministry has selected 40 families, 25 families of the children feed at the soup kitchens and 15 families from the education program. We want to give them the spiritual guidance they need for a brighter future. Our staff will minister to the

whole family, spiritually, physically and mentally. Recently we had our first meeting with these families. The staff and other volunteers conducted Bible studies, taught lessons on health and birth control. A time was provided for a group session with the men and women separately. Our goal is to work with these 40 families once a month. We hope to instill in them the knowledge that would provide a brighter future for them and their children, especially spiritually. We want to teach them how to plant a garden for their families by providing seeds and tools for their gardens. The fresh vegetables will also enable them to provide better nutrition for their children and extra income for their family. Each family has a different need and different dynamic. As we get to know each family member personally, we can address some of the issues that are causing problems for these families. Two of the common problems with men in our area, is alcohol abuse and domestic violence. During the next year, we will provide volunteers with expertise in these areas to work with these people individually. We feel that by helping these families over the next year, we can improve the family structure and give them hope of a better future.... a future that is guided by the Holy Spirit.



**PASTOR GRADUATION**  
At the beginning of the year we started a Bible Study for

pastors in our area. We were blessed to have a very Godly and wonderful pastor, Meliton Rodriguez, from Tegucigalpa to come and conduct the Bible Studies for our pastors each week. The pastors in our area are mostly self-taught and have very



little education. This was an opportunity for the pastors to become more knowledgeable about the Bible and to learn about dealing with other areas of the church. Topics varied from how to work with other pastors to taking care of the money in their churches. At the end of the course, graduation was held at the university in Pena Blanca and over 50 pastors received diplomas. We already have a list of over 80 pastors that want to attend the next session.



**SOUP KITCHENS** -We have 5 soup kitchens located around the lake Yojoa area that provide one meal to selected children every day. These soup kitchens receive support from churches in the United States (mostly from the Jackson, Mississippi area). A study was done to help our medical staff establish criteria for selection of the children who have the most critical need for nutrition. Several volunteers from the United States that live in the lake area did a study of each soup kitchen funded by Salt and Light Ministry. One volunteer has her doctorate in Health. The purpose of this study was to make sure that we are supplying the most needy children in each village with the proper nutrition. The group also went into the homes of the children and evaluated the conditions so that our staff can better educate the parents in areas of sanitation, clean water and other areas of concern. The study provided our staff with guidance in the selection of the children that are

severely malnourished and steps that are needed to provide for the needs of these children. The World Health Organization has data on studies of children all over the world and recommendations to improve the health of the children. It was determined that malnourished children usually have a Vitamin A deficiency that contributes to short stature, anemia, loss of intelligence and other health related problems.

Our staff is working on a plan to improve the nutrition in the soup kitchens and provide the most malnourished children with the nutrients they need to improve their health.





## VICKSBURG MISSION TEAM

By Robert Tisdale

The Vicksburg Mission Team was composed of 28 members from five churches, Hawkins UMC, Crawford St. UMC, Redwood UMC, St. Michaels Catholic, and Broadmoor Baptist. We were in Honduras May 21st through the 28th. We were very busy. We built two houses with one of the houses built to help a wheelchair bound child and the other for a widow with three children. The water treatment plant was in the mountain village of La Virtud where clean water is dearly needed. We collected and delivered 32 sewing machines and fabric to Honduras in order to teach eighteen people to sew school uniforms and learn the skills of sewing. We conducted Bible School for 700 children over the week and were so pleased with the participation and the chance to share the love of Christ with them. We were able to distribute 250 Spanish Bibles in this same village. Our nurse practitioner was able to teach hygiene for Soup Kitchen children, parents, and cooks. With the help of the school students we planted a community garden and distributed tools to the school to maintain and continue the project. A landscaping project at the Clinic enlarged some of the flower beds. We conducted a sports camp for 150



older kids. Our minister held clinics for pastors. We had a blessed and fun time. We had morning and evening devotionals that brought us all closer and we were all able to feel the presence of our Lord during our wonderful week in Honduras.



## BELLWETHER MISSION TEAM

By Ted and Cherry Duckworth

Bellwether Church led a team of 46 people to Honduras July 21-28. We had a medical team consisting of 3 doctors and 2 nurses. They saw over 600 patients starting in Los Laureles and traveling to neighboring villages. The VBS team tagged along with medical to love on the local children and teach them about Christ. The construction team built 3 houses in Los Laureles, and everyone distributed clothes to the orphanage and food vouchers to the needy. Our pastor John Hugh and youth pastor, Jeff Nesbit led a pastor's seminar on family life in the ministry. 25 pastors and their wives attended and found it very useful and inspiring. It was a fruitful trip.

Everyone enjoyed their activities but the biggest victory of our trip was when 4 people accepted Christ. Two in particular were Pablo Martinez and his wife, who we were building a house for in Los Laureles. Pablo worked hard alongside our church family but kept to himself, didn't smile and didn't know Christ. Everyday our team talked with him and shared the gospel. He began opening up, smiling and even laughing on occasion. Towards the end of the week he expressed an interest in getting to know Christ. John Hugh, feeling prompted by the Holy Spirit, seized the moment and asked him if he would like to be baptized. He and his wife accepted Christ and were baptized right on the worksite with the water from the coolers! They were crying along with the rest of the team as John Hugh prayed over them. It was



truly miraculous to witness God at work!! A teenage girl from the neighboring construction site was greatly moved watching the baptism and asked to be baptized the following day. She sobbed as she accepted her Savior. We love working and being with our brother's and sister's in Honduras. We feel so close to the Holy Spirit in

Honduras and long to take that feeling with us. As always, we go to Honduras thinking we are going to serve others, but instead, we are the ones served. We go thinking we are going to make a difference, yet we are ones who are different when we leave. Thank you Salt and Light for your organization that allows us to be a part of God's great plan! It is a humbling experience.



## EDUCATION

Through the efforts of several people in the United States, the Education Sponsorship Program has a new and wonderful database program that will allow the staff to keep better track of the students that are sponsored and all the related information pertinent to each student and sponsor. The program is very easy to use and will allow the staff more time to spend with the students and the related activities of the education program.

The education system in Honduras is very poor. It has under trained teachers, who are on strike most of the year and parents that don't support the education of their children. The Sal Y Luz staff is looking at several options to help improve the basic skills of the students in sponsorship program. One option is an after school tutoring session for the students in our program. The tutoring sessions would be



set up to have a time for Bible Study and prayer, then an hour of tutoring in the school subjects. Volunteers from the community or older students enrolled in our education program will provide the tutoring.

Please continue to pray for our students as we try to instill in them a love for Christ and a good education.



The Impact of Your Financial, Volunteer & Prayer Support is Truly Immeasurable

## Projected Costs for 2012

2 bedroom house .....	\$6,000
3 bedroom house .....	\$7,200
Church Building .....	\$5,900
Complete Stove .....	\$120
Sponsor an Elementary School Child for 1 Year .....	\$240
Sponsor a High School Child for 1 Year .....	\$360
Feed a child one meal a day for one month .....	\$9
Provide Medical Care per person, one time .....	\$5
Provide Dental Care per person, one time .....	\$8

We all expect donations to charities to be used to efficiently fulfill the mission of the organization receiving the gift. Your financial help is particularly significant to the **Salt & Light Ministry**.

**Sal y Luz Honduras** works in partnership with the **Salt & Light Ministry Foundation** in Jackson, Mississippi. The **S&LMF** is tax-exempt under section 501 (c) (3) of the Internal Revenue Code. It is eligible to receive contributions deductible as charitable donations for federal income tax purposes.

I pledge \$ \_\_\_\_\_ by December 31, 2011

I pledge \$ \_\_\_\_\_ by December 31, 2012

I will pay my 2012 pledge: (circle one)

monthly • quarterly • annually

\_\_\_ I will pray for the Salt and Light Ministry.

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Contact us and/or  
make your check payable to:

**SALT AND LIGHT  
MINISTRY FOUNDATION  
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